



# GARDEN KITCHEN

## at The Botanic Garden

LUNCH SERVED 11:30 - 15:00

### BREAKFAST

SERVED UNTIL 11:30

#### TOASTED BREAKFAST ROLL

with bacon, egg and cheese

(WHEAT, MILK, EGG, MUSTARD)

7

#### VLT BAGEL

Tempeh bacon with tomato, rocket and mustard mayo

(MUSTARD, SOY, WHEAT)

8

#### TOASTED BANANA BREAD

Chocolate banana bread served toasted with natural yoghurt and cherry compote

Banana bread : (WHEAT, SOY) Yoghurt (MILK)

9

### DELI COUNTER

#### FALAFEL WRAP

Falafel with hummus, red cabbage slaw, sweet chilli sauce and leaves

(WHEAT, SESAME, MUSTARD, SULPHITES)

8.50

#### CHICKEN CAESAR WRAP

Chicken breast with bacon, cucumber, red onion, and caesar dressing

(WHEAT, MILK, SULPHITES)

8.50

#### FRITTATA (Please see label for allergens)

Served warm with a small salad

On its own

(Please see label for allergens)

14

8.50

#### SPINACH & FETA BOREK (WHEAT, MILK)

Served warm with a small salad

On its own

14

8.50

#### TOASTED FOCACCIA

Stir Bakery focaccia generously filled and lightly toasted

(See label for today's options and allergens)

12.50

### SALAD BAR

(PLEASE SEE LABELS FOR ALLERGENS)

LARGE BOWL Mix of all salads on a bed of leaves 12

SMALL BOWL Choice of one salad with leaves 6

SALAD TOPPERS:

Falafel and hummus (SESAME) 4

Cottage cheese (MILK) 3

Tuna & sweetcorn mayonnaise (EGG, MUSTARD, FISH) 4



#### PORK & LEEK SAUSAGE ROLL

(MILK, PORK, SESAME, WHEAT, SULPHITES)

5.75

#### SPINACH & RICOTTA ROLL

(WHEAT, MILK)

5.75

We prepare a range of products in our small kitchen that include the 14 allergens.

Every effort is made to ensure items on the menu are served as labeled but please ask a member of the team if you require further information regarding allergies.

#### OUR SUPPLIERS

Our coffee is roasted in Ely by Brew Project who source direct from a single farm in Guatemala.

Stir Bakery provide our Focaccia bread

Some of our cakes are baked in house while locals, Backyard Bakery keep us topped up.

Cambridge grocers Hilarys source from the UK wherever possible and

Cambridge Juice company supply us with apple juice made with apples grown in Cambridgeshire.

We also stock Saffron Ice cream who source their ingredients locally and seasonally.